

# Orthopedic Physical Examination

Record ID \_\_\_\_\_

Please tell us when this form will be filled out within the continuum of care, e.g., admission, pre-op, annual visit, etc.

Orthopedic Visit Date \_\_\_\_\_

Orthopedic Attending Provider - Last Name \_\_\_\_\_

Orthopedic Attending Provider - First Name \_\_\_\_\_

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## Lower Extremity (Prone) Examination

Tests / Assessments

- Hip Internal Rotation
- Hip External Rotation
- Femoral anteversion (trochanteric prominence palpation test)
- Tibial torsion
- Rectus femoris (Duncan Ely)
- Tibial segment length difference
- Simulated Coleman block test
- No Lower Extremity (Prone) Examination

Hip Internal Rotation - Laterality

- Left
- Right

Hip External Rotation - Laterality

- Left
- Right

Femoral anteversion (trochanteric prominence palpation test) - Laterality

- Left
- Right

Tibial torsion - Laterality

- Left
- Right

Rectus femoris (Duncan Ely) - Laterality

- Left
- Right

Tibial segment length difference - Laterality

- Left
- Right

Simulated Coleman block test - Laterality

- Left
- Right

Rectus femoris (Duncan Ely) R1 or R2

- R1
- R2

Tibial Torsion Assessments

- Bimalleolar Axis
- Thigh Foot Angle

Hip Internal Rotation - Degrees

- 90
- 85
- 80
- 75
- 70
- 65
- 60
- 55
- 50
- 45
- 40
- 35
- 30
- 25
- 20
- 15
- 10
- 5
- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90

Hip External Rotation - Degrees

- 90
- 85
- 80
- 75
- 70
- 65
- 60
- 55
- 50
- 45
- 40
- 35
- 30
- 25
- 20
- 15
- 10
- 5
- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90

Femoral anteversion (trochanteric prominence palpation test - Degrees

- 90
- 85
- 80
- 75
- 70
- 65
- 60
- 55
- 50
- 45
- 40
- 35
- 30
- 25
- 20
- 15
- 10
- 5
- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90

Tibial Torsion Assessments - Bimalleolar Axis -  
Degrees

- 90
- 85
- 80
- 75
- 70
- 65
- 60
- 55
- 50
- 45
- 40
- 35
- 30
- 25
- 20
- 15
- 10
- 5
- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90

Tibial Torsion Assessments - Thigh Foot Angle -  
Degrees

- 90
- 85
- 80
- 75
- 70
- 65
- 60
- 55
- 50
- 45
- 40
- 35
- 30
- 25
- 20
- 15
- 10
- 5
- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90

Rectus femoris (Duncan Ely) Values - R1

- 0
- 1
- 2
- 3

Rectus femoris (Duncan Ely) Values - R2

- 0
- 1
- 2
- 3

Tibial segment length difference?

- Yes
- No

Simulated Coleman block test finding

- Flexible
- Rigid

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**Spinal (Sitting) Examination**

Lower Extremity Spinal (Sitting) Examination

- Scoliosis
- Kyphosis
- Lordosis
- Pelvic Obliquity
- No Spinal (Sitting) Examination

Scoliosis - Status

- Present
- Absent

Kyphosis - Status

- Present
- Absent

Lordosis - Status

- Present
- Absent

Pelvic Obliquity - Status

- Present
- Absent

Scoliosis - Location

- Cervical
- Thoracic
- Lumbar
- Thoracolumbar

Kyphosis - Location

- Cervical
- Thoracic
- Lumbar

Lordosis - Location

- Cervical
- Thoracic
- Lumbar

Scoliosis - Flexible Deformity

- Yes
- No

Kyphosis - Flexible Deformity

- Yes
- No

Lordosis - Flexible Deformity

- Yes
- No

Pelvic Obliquity - High Side

- Left
- Right

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**Seating in Chair**

Seating in Chair - Position

- Upright
- Leaning left
- Leaning right
- Leaning forward
- Not assessed

Upright - Fit/Size

- Good
- Poor

Leaning left - Fit/Size

- Good
- Poor

Leaning right - Fit/Size

- Good
- Poor

Leaning forward - Fit/Size

- Good
- Poor

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**Gait Observation**

Gait Observation Type

- Barefoot Walk
- With AFO's
- No Gait Observation

Assessment

- Sagittal
- Coronal
- Transverse
- Foot & Ankle
- Knee
- Hips
- Pelvis
- Trunk